

WOMEN DEVELOPMENT CELL

INTRODUCTION: -

In accordance with the guidelines of the University of Mumbai, our college has established a **Women Development Cell (WDC)** with the primary objective of promoting awareness on issues concerning women in today's complex social environment.

While the committee does not possess the authority to take direct action in cases of abuse, its role is to actively foster awareness on critical topics such as **gender equality, domestic violence, and sexual harassment**. The Cell is committed to ensuring the **safety, dignity, and security** of female students and women on campus.

Our institution strongly opposes any form of discrimination between male and female students, and we strive to maintain an inclusive and respectful campus environment. Furthermore, we are dedicated to the **empowerment of female students through education** by organizing interactive sessions, seminars, and workshops that promote awareness, confidence, and leadership.

The **Women Development Cell** is constituted under the leadership of the **Principal**, who serves as the **Chairperson**, and includes a **Coordinator**, members from the **teaching and non-teaching staff**, as well as **student representatives**.

Objectives: -

- To enlighten the students regarding the role of women in the progress and development of society.
- To empower the girl students with a sense of confidence in handling difficulty and insecure situation in the society.
- To prevent and protect themselves against sexual harassment.
- To enlighten the girl students on the importance of health and hygiene.

To promote gender equality.

Women Development Cell of the College has been Constituted according to the guidelines of the University of Mumbai, the Committee has representatives from teaching, non-teaching and girl students.

Sr. No	Day & Date	Title of the Programme	Resource Persons
1.	20.08.2024, Tuesday	Induction Programme (Evening Section Girl students)	Committee Members

2.	21.08.2024, Wednesday	Induction Programme (Day Section Girl students)	Committee Members
3.	26.08.2024, Monday	Women Safety	Sachin Chavan, Vikhroli, Police Station
4.	30.08.2024 Friday	Workshop on Self Defense	Leo(Lions) Club of Mulund Lakeside

INDUCTION PROGRAMME-I

On **20th August 2024**, the **Women Development Cell** of the college conducted an **introductory session** for the **female students of the Evening Section**. The session was led by the Committee members with the objective of introducing the purpose, functions, and activities of the Cell to the students.

Approximately **90 students** from **F.Y., S.Y., and T.Y. B.A., B.Com., and B.A.F.** programs actively participated in the session. The following faculty members were present and contributed to the meeting:

1. Prof. C. Wins
2. Prof. Jyotsna Shimpi
3. Dr. Reshma Anvekar
5. Prof. Lalita Mehta

During the session, the **Committee members** elaborated on the **objectives of the Women Development Cell (WDC)** and provided an overview of the various programmes organized by the Cell. These include awareness initiatives and workshops on **domestic violence, sexual harassment, gender equality, gender sensitization, and self-defense**.

The members also offered practical safety advice to the students, encouraging them to remain vigilant in public spaces—especially when alone. Students were advised **not to accept lifts from strangers** or consume **food or drinks offered by unfamiliar individuals**, particularly at social gatherings. They were also urged to **maintain open communication with their parents** whenever they feel unsafe or uncomfortable.

The session aimed to create a sense of unity, support, and reassurance among the students.

The Committee emphasized that:

“We are one, and we are always with you.”

The following students have registered as **Girls’ Representatives**:

- | | |
|--|--------------------------|
| 1. Miss. Anvika Kamble (F, Y. BAF) | Students' representative |
| 2. Miss. Sonam Kadam (F. Y. BA) | Students' representative |
| 3. Miss. Momin Darakhsham (F. Y. B. Com) | Students' representative |
| 4. Miss. Tanisha Kamble (F, Y. BMS) | Students' representative |
| 5. Miss. Sanchita Sali (S.Y. BA) | Students' representative |



INDUCTION PROGRAMME-2

To introduce the WDC of the College among the girl students of the Day Section, the committee has also conducted an introductory session on 21st August, 2024. The following Faculties have participated in the meeting,

1. Prof. V.V. Mulay (Vice Principal)
2. Prof. C. Wins
3. Prof. Anita Madhu
4. Dr. Reshma Anvekar
5. Dr. Seema Rahul
6. Prof. Lalita Mehta
7. Miss. Varsha Bharti

A total of **153 students** from the **Day Section** of the college participated in the meeting organized by the **Women's Development Cell (WDC)**. The committee members explained the **objectives and functions of the WDC** and informed students that they may approach any female teaching staff member at any time for support or guidance.

Students were advised to adopt safety precautions, such as avoiding accepting lifts from strangers or consuming food and drinks offered by unknown persons at social gatherings.

They were also encouraged to **maintain communication with their parents** whenever they feel unsafe or uncomfortable.

The committee further discussed various **safety measures** and highlighted the **programmes conducted by the WDC** on issues such as **Domestic Violence, Sexual Harassment, Gender Equality, Gender Sensitization, and Self-Defense**. The members emphasized that the WDC stands in solidarity with all students and assured them of continued support.



INTERACTIVE SESSION

Day by day many things have been changed and going worst in the recent days in the domain of women safety. By considering the recent incidence in Kolkata in West Bengal and Badlapur in Maharashtra, Mr. Sachin Chavan, the Deputy Sub Inspector from Vikhroli Police Station conducted a session to the girl students of the Evening Section on the topic of “Women Safety” on 26th August, 2024.

Mr. Sachin Chavan advised on several important safety measures for women. He recommended that if they feel insecure or suspect someone is following them, pause for a few moments and let them pass. He also shared personal anecdotes and emphasized that if a child approaches them for help, take them to the nearest police station or contact someone they know if the station is far away.

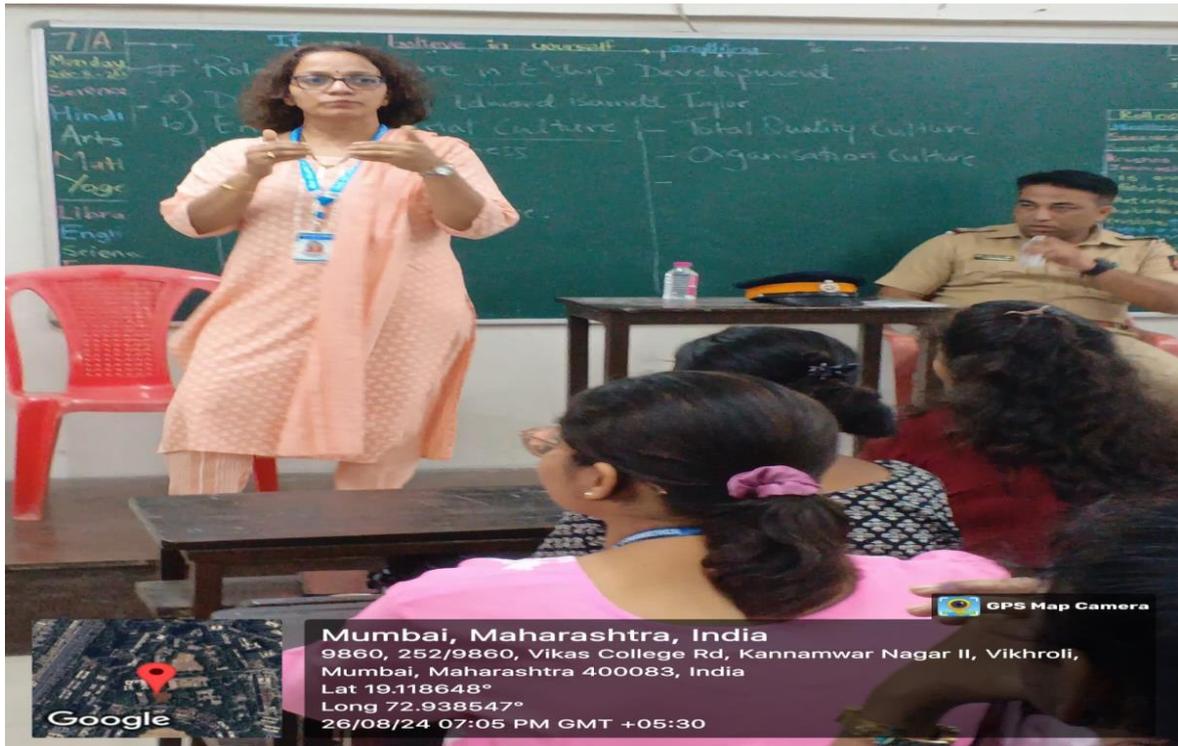
He cautioned against using their primary salary account for transactions on platforms like Google Pay due to rising cybercrime. Instead, use a separate account for such transactions. Additionally, he advised against accepting friend requests from unknown individuals on social media platforms like Facebook, Instagram, and Snapchat to avoid potential online stalking and cybercrime.

Mr. Chavan emphasized the importance of staying aware of their surroundings while walking, and not to look down. He shared that girls should not tolerate any abusive situations but should report them to parents or trusted friends. He also advised being cautious when

crossing roads or highways, avoiding earbuds or headphones, and ensuring drivers see them before crossing.

He suggested facing any comments from groups of boys confidently rather than looking down, and recommended keeping safety keys handy while staying alert to your surroundings. Mr. Chavan provided contact numbers for women's safety, including the Nirbhaya squad helpline (103), emergency police number (100), and his local police station's number.





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Mumbai, Maharashtra 400083, India
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Long 72.938547°
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1, near Vidya Vikas High School, Kannamwar Nagar II, Vikhroli, Mumbai,
Maharashtra 400083, India
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WORKSHOP ON SELF DEFENSE

Women Development Cell of the College has conducted a workshop on “Self Defense” on 30th August 2024, in association with Leo (Lins) Club of Mulund Lakeside for the girl students of the College. The WDC 2024-25 program kicked off with a warm welcome from Dr. Reshma Anvekar, who greeted the guests and presented them with a floral welcome.

Adv. Pranjal Jadhav highlighted recent incidents and shared safety tips for women and citizens. She emphasized the importance of women's safety, addressing the prevalent issue of violence against women.

The Lions Club and teams staged a powerful performance depicting the atrocities faced by women, including coercive control, harassment, stalking, physical and sexual violence, and societal taunts and torture.

Karate practitioners shared their perspectives and demonstrated self-defense techniques. They emphasized that karate is not just a martial art but a valuable tool for women's self-defense and empowerment. They urged men to support and encourage women to learn karate, creating a safe and supportive environment for their growth.

The program concluded with a vote of thanks by Prof. Lalita Mehta.





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145/4359, Vikas College Of Arts Science And Commerce, N0.1, Kannamwar Nagar II, Vikhroli, Mumbai, Maharashtra 400083, India

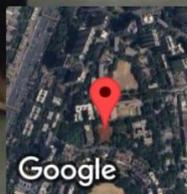
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Long 72.93857°

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Prof. C. Wins
Co-ordinator, WDC