

# WOMEN DEVELOPMENT CELL

## REPORT FOR THE A.Y. 2022-2023

As per the guidelines of the Vice. Chancellor of the University of Mumbai, our college has established the Women Development Cell. It looks in to the grievances of women staff and girl students in the college. The following are the members: -

Dr. R.K. Patra (Principal)	Chair Person
Prof. Mrs. C. Wins	Co-Ordinator
Dr. S.K. Deshpande	Advisory Member
Dr. Reshma Anvekar	Member
Prof. Anita Madhu	Member
Prof. VinipriyaAngel	Member
Mrs. S.V. Dhasal	Member
Miss. Priyanka Waghmare(TY.BA)	Student Representative
Miss. Nikita Singh(TY.B.Com/C)	Student Representative

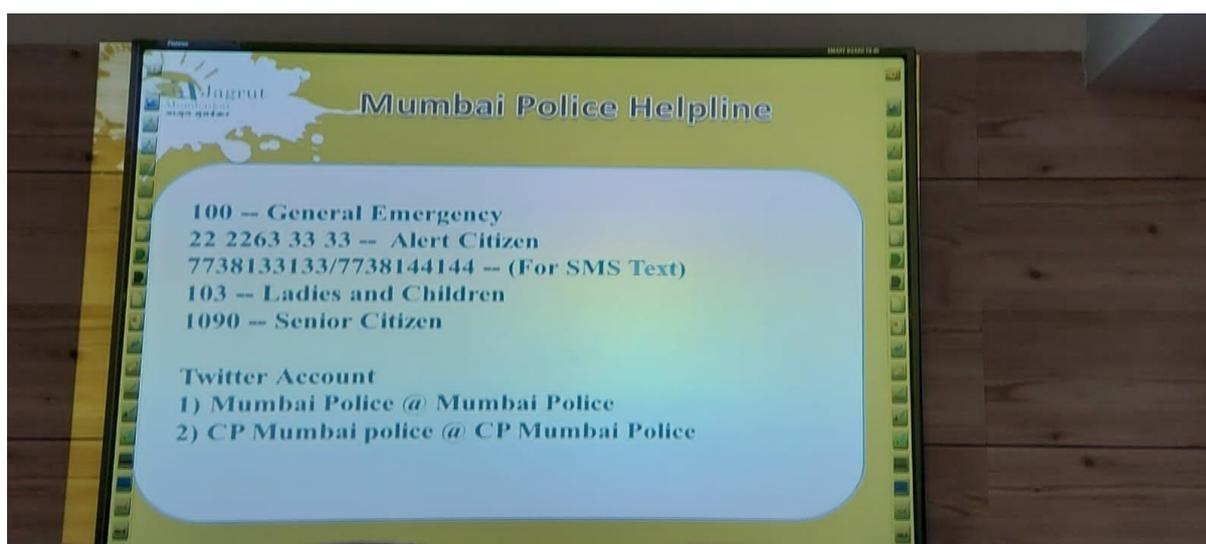
The Committee members conduct an interactive introductory session for the girl students at the beginning of the academic year, to introduce the concept of Women Development Cell. This introductory session will create an awareness about the cell in the college.

Sr. No	Date	Title of the Programme	Resource Person
1.	13.08.2022	Self Defence	Protection & Security Branch of Mumbai Police
2.	07. 09.2022	Workshop on Skill Training	American India Foundation Team
3.	08.03.2023	Building Relationship: Boost to Healthy Society	Prof. Jyostna N Shimpi Adv. Lalita Mehta

## Self Defence

As a part of the celebration of the 75<sup>th</sup> Azadi Ka Amrit Mahotsav, the Internal Quality Assurance Cell, Women Development Cell and National Service Scheme in association with Protection & Security Branch of Mumbai Police, organize a workshop on “Self Defence”, on 13<sup>th</sup> March 2022. The team consists of MS. Padma Mathias from the Office of Police Commissioner Mumbai and her male colleagues. The team has conducted the session for the girl students of the college.

She urged the girl students how they should on alert always, everywhere and anytime. She also emphasized more on their physical fitness. She advised self defence helps us to prepare for unexpected situation and also whenever we are attacked by strangers, self defence is very essential to the girl students in the society. Martial arts and self defence skills are useful for dangerous and unforeseen circumstances. The girl students are advised to maintain proper communication with their parents or adults in the family, whenever they are outing with their friends. She also emphasized the students to share information when they travel in the auto or taxi as a protective measure. The session was supported by coloureffull PPT and question answer section, the students have participated actively.





Vidya Vikas Education Society's  
**VIKAS COLLEGE OF ARTS, SCIENCE & COMMERCE**

Kannamwar Nagar-2, Vikhroli (E) , Mumbai



**INTERNAL QUALITY ASSURANCE CELL  
WOMEN DEVELOPMENT CELL**

**&  
NATIONAL SERVICE SCHEME**

In Association with

**PROTECTION & SECURITY BRANCH OF MUMBAI POLICE**

Organise a workshop on



**Saturday , 13th Aug, 2022**

**Venue: Conference Hall, Time: 3:00pm**

**Dr. R.K. Patra**  
Principal

**Dr. Vinay P. Raut**  
Secretary, V.V.E.S.





## **An Interactive Session on “Building Relationship: Boost to Healthy Society”**

On the occasion of the International Women’ Day, on 8<sup>th</sup> March 2023, WDC of the college has organized an Interactive Session on “Building Relationship: Boost to Healthy Society”, Prof. Mrs. Jyostna N Shimpi and Adv. Lalita Mehta conducted the interactive session. The session was divided into two parts, the 1<sup>st</sup> part was conducted by Adv. Lalita Mehta on the main causes of the divorce and the legal aspect of divorce. She explained that divorce the legal dissolution of the marital union between a man and woman. The separation is granted by the court of law. Divorce can be a mutual divorce and contested divorce, she also explained how the lack of communication, infidelity, or extramarital affairs, too much conflicts and argument and lack of physical intimacy became the major causes of divorce. Simultaneously, after divorce how the couple experiences like decreased levels of happiness, change in economic and social status and emotional problems and the impact on children include academic, behavior and psychological problems.

The 2<sup>nd</sup> part of the interactive session was conducted by Prof. Jyostna N Shimpi. She has explained how a healthy relationship boost to healthy society. She has explained in a very simple and lucid language about what does a healthy relationship and how to manage to have a successful relationship by both husband and wife. She also explained the various challenges faced by the couple in their life. She has given many tips to build healthy relationship. She conducted the session with beautiful and colourful presentation, so we could see the active participation of the students.



